Announcements
October 4, 2004 Faculty Meeting

Sociologist Dalton Conley will be on campus Thursday October 28. His work addresses the relationship between race, class and privilege in America. Conley is the author of *Being Black, Living in the Red: Race, Wealth and Social Policy in America*, *Honky*, *The Starting Gate: Birth Weight and Life Chances*, and *The Pecking Order: Which Siblings Succeed and Why*. (These books are available at the IWU Bookstore.) Conley is a Professor of Sociology and Public Policy at New York University and Director of NYU's Center for Advanced Social Science Research (CASSR).

Two campus events have been scheduled for October 28:

4pm Q & A: "Mom Always Loved You Best: Sibling Class Divergence and the Future of the American Family"
Beckman auditorium, Ames Library

7:30pm "White Matters: Race, Class and Privilege in America"
CNS auditorium

Conley's visit is sponsored by the Social Science Division, the Office of Multicultural Affairs, the Departments of Educational Studies and Sociology, and Student Senate.

Announcement submitted by Robin Leavitt on behalf of the sponsors.

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Announcement from Counseling & Consultation Services

Perfectionism Seminar

Faculty~

Do you know students who worry excessively about their grades? Do you have advisees who become irrationally distressed when receiving an "A-" or a "B?" Do you have students who frantically ask that you review multiple drafts of their papers before they feel comfortable submitting them for a grade or students who can’t begin to produce a paper because they are so worried about it being perfect?

At IWU we are fortunate to work with a select group of high achieving students. Some, however, are burdened by unrealistically high standards and link their sense of self worth with their performance. Anything less than an "A" is equated with failure.

Do you know students like this? Please consider announcing The Perfectionism Seminar Series coming in October. This series is designed to help students understand the distinction between high achievement and rigid, relentless perfectionism, to give students strategies they can use to manage their anxiety/fear of failure and to help students make conscious decisions about their priorities and goals.

Dates: Wednesdays, October 13, 20 and 27
Location: Tommy's Private Dining Room-bottom floor in Hansen
Times: 7-8:15pm

Registration by calling 3052 or emailing kdistner@iwu.edu

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Dear fellow faculty members,

For the first time, IWU is honoring National Mental Illness Awareness week by holding its own "Mental Health Awareness Week" from Oct. 4 - 9th, 2004.

The idea for this series of events began with a student initiative, and developed through collaboration across campus, including contributions from the Dean of Students Office, Psychology Department, Counseling Services, Psychology Club, the First Year Advising Program, Office of Residential Life, and faculty from several other departments.

Ten events are planned for the week. The events have been designed for various audiences. Some are for the entire IWU community, while others specifically target students or faculty and staff. We have worked hard to develop programs that will be useful not only for students but also for us, as faculty.

In particular, the Monday, Oct. 4 Non-Org will address mental health challenges inherent in an academic career. Other activities that are likely to be of interest to you include the following:

Mon., Oct. 4, 7 pm, “One Flew Over the Cuckoo's Nest” at the Normal Theatre and post-movie discussion (open to the public, free admission with donation to National Alliance for the Mentally Ill suggested).

Tues., Oct 5, 7 pm, “Life goes on…” a panel discussion in which some of our colleagues will speak about how they have experienced and coped with mental health concerns and other major life stressors.


Thurs, Oct. 7, 7 pm, “Shatter/Proof” - a multi-media coffeehouse/performance that celebrates a range of human experiences & features IWU students, faculty & staff, at the Hansen Center.

A complete calendar of activities is available at http://www.iwu.edu/~psychclb/.

We hope you will attend some of these events and find them helpful and provocative. Please announce them in class as appropriate.

Thank you.

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