ABOUT THE CAMP

High Intensity Girls Basketball Camp is designed to develop fundamental Skills, teamwork, and strategy in a fun and exciting basketball atmosphere. Sessions will take place in the air Conditioned Shirk Center on the beautiful campus of Illinois Wesleyan.

TYPICAL CAMP DAY

9:00 – 9:10 Roll Call
9:10 – 9:20 Stretch & Warm-up
9:20 – 9:50 Individual Skills
9:50 – 10:10 Contests
10:10- 10:30 Position Development
10:30 – 10:45 Team Development
10:45 – 11:00 3 on 3 Games
11:00 – 11:30 Full Court Play
### REGISTRATION FORM

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Zip</th>
</tr>
</thead>
</table>

**Emergency Contact Name**

**Emergency Contact Phone**

**Grade in Fall**

**T-shirt Size**

**City**

**Address**

**Parents Day Phone**

**Parents Work Phone**

**Name**

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This year will be head coach Mia Smith’s 10th straight year of coaching women’s basketball at Illinois Wesleyan. A native of Farina, Ill., and graduate of LaGrove High School, Smith earned her bachelor’s and master’s degrees in physical education from Southern Illinois University-Edwardsville, where she was a four-year letter winner in Basketball and softball. She was the Basketball team captain for three seasons and earned “Defensive Player of the Year” honors four times. She was named to the 1983 Dial classic all-tournament team. A “Scholar-Athlete” and the school’s “Sportsmanship” winner in 1986.

- The cost is $75 per player. Teams sending 5 or more players receive a $10 discount per person.
- Register: By mail or at least 30 min. prior to camp on the first day in the Shirk Center at Illinois Wesleyan.

**REGISTRATION**

**ABOUT THE DIRECTOR**

**REGISTRATION**

**June 9 - 12**

**Session I - Incoming grades 3-5**

9:30 a.m. to 12:00 p.m.

**Session II - Incoming grades 6-8**

1:00 p.m. to 3:30 p.m.

**BLOOMINGTON, IL 61702**

RO. BOX 2900

ILLINOIS WESLEYAN UNIVERSITY

C/O MIA SMITH

IWU BASKETBALL CAMP

Please mail application and check (payable to Mia Smith) to:

Please call the IWU basketball office at (309) 556-2611 with any questions.