Girls Residential Soccer Camp
July 19 - July 23
Girls ages 14-18
Register Online at: www.goredbirds.com

Facilities: The Illinois State and Illinois Wesleyan Women’s Varsity grass soccer fields will be utilized. In addition, Hancock Football Stadium or the grass fields by the Illinois State Golf Course will be used.

Lodging: Housing will be provided at Illinois Wesleyan University dormitories. Two campers per room. Roommate preferences must be filled in on the registration form and must check-in at registration together.

Trainers/Medical Attention: A full time trainer will be on site to administer attention to minor injuries and ailments. For more serious problems, BroMenn Medical Center will be utilized. All campers must return the completed medical form before camp. Parents Signature is required.

Supervision: All campers will be supervised 24 hours a day by summer camp housing staff.

Team Camp Program: Teams are welcome to attend and will train as a team and work on tactical issues and different systems of play. Coaches may come and observe their teams or let coaches know what system they would like them to train.

Deadline: Registration form must be received by July 1st to attend camp. Camper enrollment is limited. Sign up early to assure a spot.

Early Registration Discount: Registration that is postmarked before May 1st will receive $10 off.

Team Discount: Teams that register 12 or more players receive $10 off. All registrations and deposits must be in the same envelope.

Commuters are welcome but will not stay in the dormitories. These campers will be involved in all camp activities but must provide their own transportation to and from camp.

For more information or questions contact:
Pete Kowall at - pmkowal@ilstu.edu or (309) 438-7074
Stacy Welp at - srwelp@ilstu.edu or (309) 438-7042
Dave Barrett at - dbarrett@iwu.edu or (309) 556-3343

Here’s How to Register:
Send back the attached form or go online to www.goredbirds.com and click on Soccer Camps icon.

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Camp Philosophy

The mission of the Advanced Girls’ Soccer Camp is to attract and challenge female soccer players from throughout the region and the nation. Our intention is to provide ODP, club, and high school players with competitive training and progressive instruction in the areas of technique and tactical decision making. Most importantly, the coaching and instruction will be provided by quality college coaches from all levels. Our aim is to provide a high quality, enjoyable, and productive camp environment to players seeking a serious camp experience.

In addition, supplementary sessions with the campers will be offered to help educate players about the college recruitment process, nutrition, goal setting, and strength and conditioning for the serious player. In an effort to provide the most competitive environment, campers will have the opportunity to utilize many of the world class facilities on both the Illinois State and Illinois Wesleyan campuses.

At the end of the camp, we hope our campers leave feeling they have been exposed to a higher level of competition and training, and that they are better prepared for their upcoming seasons and beyond.

Daily Schedules

July 19
12:00 - 1:00 p.m. Registration
2:00 - 2:15 p.m. Camp Meeting
2:30 - 4:30 p.m. Field Session
5:00 - 6:00 p.m. Dinner
6:30 - 8:00 p.m. Matches
9:00 p.m. Ice Breakers
11:00 p.m. Lights Out

July 20-22
7:00 - 8:00 a.m. Breakfast
9:00 - 11:00 a.m. Technical Training
11:30 - 1:00 p.m. Lunch
1:30 - 3:30 p.m. Tactical Training
5:00 - 6:00 p.m. Dinner
6:30 - 8:00 p.m. Matches
9:00 - 11:00 p.m. Movies & Pizza
11:00 p.m. Lights Out

July 23
7:00 - 8:00 a.m. Breakfast
9:00 a.m. Matches
10:30 a.m. Leave Fields
11:30 a.m. Check Out

Camp Staff

John Carter
Head Women’s Soccer Coach
De Pauw University

Beth Goetz
Head Women’s Soccer Coach
University of Missouri St. Louis

Dave Nikolic
Associate Head Women’s Soccer Coach
University of Wisconsin Milwaukee

Scott Mejia
Head Women’s Soccer Coach
Augustana

Craig Lee
Head Women’s/Men’s Soccer Coach
Millikin University

Beth Seidelmann
Assistant Women’s Soccer Coach
Illinois Wesleyan

Eileen Narcotta
Assistant Women’s Soccer Coach
Ball State University

Additional college coaches will make guest appearances

Current Illinois State and Illinois Wesleyan players will also be instructors at camp.

Goalkeeping instruction will take place at each technical and tactical training session.

Pete Kowall
211A Horton Fieldhouse
Campus Box 7130
Normal, IL 61790-7130
Fax: (309) 438-3597

Each camper receives 2 camp t-shirts at registration

Camp T-shirt size: Youth   L   Adult:   S     M     L    XL

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211A Horton Fieldhouse
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Girls Residential Soccer Camp –  July 19 - 23
Overnight Camper        $450.00
Commuting Camper      $370.00

Please Send Payment and Registration to:
Roommate Pref:__________________________

Goalkeeping instruction will take place at each technical and tactical training session.

• Illinois State Goalkeeper Coach
• USYSA Region IV Staff Coach
• Illinois Olympic Development Goalkeeper Staff Coach
• NSCAA Advanced National Diploma
• USSF “A” Licensed Coach

Eileen Narcotta

• Illinois State University Head Coach
• 1998, 2001 Missouri Valley Coach of the Year
• Career Record at ISU: 90-47-12
• 1990 Division III Coach of the Year
• Illinois Olympic Development Staff Member
• USSF “A” Licensed Coach
• Illinois Wesleyan Head Coach
• Former Assistant Coach, Yale University
• 2002, 2003 College Conference of Illinois and Wisconsin Coach of the Year
• 2003 CCIW Regular Season Conference Champions
• Career Record at Illinois Wesleyan: 53-17-7
• NSCAA Premier Diploma
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