

## **ABOUT THE CAMP**

High Intensity Girls Basketball Camp  
Is designed to develop fundamental  
Skills, teamwork, and strategy in a fun  
and exciting basketball atmosphere.

Sessions will take place in the air  
Conditioned Shirk Center on the  
beautiful campus of Illinois Wesleyan.

## **TYPICAL CAMP DAY**

9:00 – 9:10	Roll Call
9:10 – 9:20	Stretch & Warm-up
9:20 – 9:50	Individual Skills
9:50 – 10:10	Contests
10:10- 10:30	Position Development
10:30 – 10:45	Team Development
10:45 – 11:00	3 on 3 Games
11:00 – 11:30	Full Court Play



**IWU BASKETBALL CAMP  
C/O MIA SMITH  
ILLINOIS WESLEYAN UNIVERSITY  
P.O. BOX 2900  
BLOOMINGTON, IL 61702**

## **High Intensity Girls Basketball Camp**



**LADY TITAN BASKETBALL**

**SUMMER 2008  
JUNE 9, 10, 11, 12**

**ILLINOIS WESLEYAN UNIVERSITY  
SHIRK CENTER**

**SESSION I- Incoming grades 3-5  
SESSION II- Incoming grades 6-8**

## ABOUT THE DIRECTOR



This year will be head coach Mia Smith's 10th Straight year of coaching women's basketball at Illinois Wesleyan. A native of Farina, Ill., and graduate of LaGrove High School, Smith earned her bachelor's and Master's degrees in physical education from Southern Illinois University-Edwardsville, Where she was a four-year letter winner in Basketball and softball. She was the Basketball team captain for three seasons and earned "Defensive Player of the Year" Honors four times. She was named to the 1983 Dial classic all-tournament team. A Dean's List student, she was an SIUE "Scholar-Athlete" and the school's "Sportsmanship Award" winner in 1986.

## REGISTRATION

**June 9 - 12**

**Session I - Incoming grades 3-5**

**9:30 a.m. to 12:00 p.m.**

**Session II - Incoming grades 6-8**

**1:00 p.m. to 3:30 p.m.**

The cost is \$75 per player. Teams sending 5 or more players receive a \$10 discount per person.

**REGISTER:** By mail or at least 30 min. prior to camp on the first day in the Shirk Center at Illinois Wesleyan.

Please mail application and check (payable to Mia Smith) to:  
IWU BASKETBALL CAMP  
C/O MIA SMITH  
ILLINOIS WESLEYAN UNIVERSITY  
P.O. BOX 2900  
BLOOMINGTON, IL 61702

\*Please call the IWU basketball office at  
(309) 556-2611 with any questions.

## REGISTRATION FORM

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Day Phone \_\_\_\_\_ T-shirt Size \_\_\_\_\_

Parent's Work Phone \_\_\_\_\_ Grade in Fall \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

